



# lifeguard academy

## 2010 Recertification Schedule

May 15 & 16

### **Saturday, May 15**

7:00 am-9:00 am - Swim Test

9:00 am-1:00 pm - First Aid, Breathing Emergencies, Cardiac Emergencies

1:00 pm-2:00 pm - Break

2:00 pm-5:00 pm - AED Essentials, Updated Policies and Procedures, Review and Written Exams

### **Sunday, May 16**

8:00 am- 12:00 pm - Ocean Rescue Skills

12:00 pm-1:00 pm - Break

1:00 pm-5:00 pm - Missing Swimmer, Rescue Board Training